

Broadmeadow Infants PE Vocabulary Progression Map

| EYFS | | | | | | | | | | | | | | | | | | | |
|------------|--------|--------|-------|-------|------|---------|---------|----------|-----------|---------|-----------|----------|----------|--------|---------|-------|------|------|--|
| Throw | Catch | Kick | Hop | Skip | Jump | Space | Warm up | Movement | Equipment | Safe | Backwards | Forwards | Sideways | Slide | | | | | |
| Balance | Body | Bounce | Slow | Quick | Roll | Partner | Land | Under | Over | Through | Step | Bend | Straight | Pose | Patient | Share | | | |
| Take Turns | Muscle | Copy | Carry | Hit | Ball | Cone | Net | Hoop | Rules | Push | Pull | Walk | Jog | Follow | Lead | Sport | Game | Step | |

| | Invasion Games | Gymnastics | Dance/Yoga | Net and Wall | Athletics |
|---------------|---|---|---|---|---|
| Year 1 | Decisive Position Readiness Pass Aim Receive Shoot Prepared Speed | Travel Movement Perform Routine Support Observe Action Still Rock Land Apparatus | Repeat High Medium Low Direction Emotion Pattern Express | Rally Grip Stance Balance Control Target Set Swing | Sprint Stretch Push Pull Height Relay Hurdles Leap Skill |
| Year 2 | Attack Defend Strike Tactic Encourage Pace Tracking Opponent Shield Possession | Sequence Control Contrasting Link Smooth Transition Levels Counter Balance Coordinate Twist Symmetrical Asymmetrical | Bend Stretch Mirror Pathways Improvise Breathing Pattern Inhibition Focus Self-Confidence | Strike Send Serve Forehand Backhand Volley | Technique Accurate Distance Power Strength Agility High Jump Long Jump Chest Push |